# CTI Self Assessment: Identifying CTI Topics of Focus

**Case Presentation Session** 



## **CTI Implementation Self Assessment**



- Using and aligning with the CTI model increases the likelihood of achieving successful housing retention outcomes
- The Implementation Self Assessment Form, helps CTI case managers evaluate their work across core components of CTI
- Not a test, rather an opportunity to highlight areas of strength and identify challenges to be addressed

Implementation\_self-assessment\_form\_

- When new to using CTI, it is recommended to use it every 2 months
- Once case managers feel more comfortable with using CTI, it is recommended to use it quarterly or biannually
- The form calculates the total score and average for you
- Recommend sharing and discussing within supervision as a tool to refine your CTI practice

For sites that have already completed this form, any tips or suggestions? Where are you finding success applying CTI? Challenges?



## **Using the Self Assessment**

## Case presentation: Dakota Vanderford



#### **Case presentation 1: Background**



- Demographic information (age, gender, race & ethnicity, marital status): 90 years old, married, male, white
- Reason for homelessness/ housing instability (including medical, mental health and substance use concerns): housing instability resulted from family breakdown- wife has dementia and needed additional support- he could not move in with her- medical reason and lack of additional support needed, aging. At risk of becoming homeless
- Existing supports (financial, family, social): moved to assisted living and they linked him to Medicaid. Has social support at assisted living/ retirement community
- Recruitment info (where was Vet before, how did they learn about program): called VA for help and referred to program through PCP
- Veteran's strengths: Very engaged and open to case management and trying new things

### **Case presentation 1: CTI phase & goals**



- Current CTI phase: phase 2
- 1-3 focused goals for this phase
  - Goal 1: keep housing stable, wants to stay in assisted living
    - Action steps: getting connected with Medicaid case manager, and continue to stay on Medicaid (keep up with annual renewal)
    - Progress:
  - Goal 2: Expand and grow support system
    - Action steps: Looking into adult day service- older adult community center. Try 2-3 activities per week at the center.
    - Progress: Veteran has been going to social activities
  - Goal 3:
    - Action steps:
    - Progress:
- Resources and support linkages related to goals: Has a Medicaid case manager, aftercare program case
  manager is assisting with linkage to community center
- Barriers to achieving goals: current lack of support
- Facilitators to achieving goals:



- What is going well (generally; with applying CTI):
- What is challenging (generally; with applying CTI): Tapering down is challenging aftercare case manager is his only support. Lack of assistance from family.

#### Planning for upcoming phases or discharge

- What goals need to be adjusted?
- What are the ongoing threats to housing stability?
- Are there life skills that can be transferred?
- Are there ways to promote autonomy and independence in housing?
- Feedback question for the group



- We are nearing the end of our CTI implementation support period would love to know how to best support you for remaining CoPs
- In breakout groups please brainstorm with your fellow GPD-CM providers about:
  - What outstanding CTI topics should we prioritize for remaining CoPs?
    - What would you like to know more about?
    - What aspects of CTI are you struggling with?
    - Are there CTI core components that need clarification or that conflict with other practices withing your organization?
  - What grant or program-related questions can we prioritize?





#### • (Optional) Drop-in Hour: April 26th, 2023

- 11-12am AKST/ 12am-1pm PST / 1-2pm MST / 2-3pm CST / 3-4pm EST
  - Stop by if you have questions, would like to discuss a case, or have a burning desire to learn more about CTI!

#### • Next CoP: May 3rd, 2023

10-11am AKST/ 11am-12pm PST / 12-1pm MST / 1-2pm CST / 2-3pm EST

 Speaker session: Erin Johnson and Janine Griggs from the National Homeless Program Office will share GPD Case Management Program updates and strategies for recruitment