

Mental Health Provider Visit



Visit to Mental Health Provider

1. Who do I call when I need a mental health prescription refill?

Name / Role: _____ Telephone #: _____

Pharmacy Phone #: _____ Pharmacy Hours: _____

2. Who do I call when I have an urgent mental health concern or need (i.e., medication side effects)?

Name / Role: _____ Telephone #: _____

3. Who do I call to change, confirm, or schedule a mental health appointment?

Name / Role: _____ Telephone #: _____

4. How often should I meet with you (psychiatrist, therapist, mental health professional)?

Key Points of Contact in Mental Health

5. Mental Health Clinic Key Contacts

Name: _____ Role / Title: _____

Telephone #: _____ Other info: _____

Name: _____ Role / Title: _____

Telephone #: _____ Other info: _____

Veterans Crisis Line



- 24/7 confidential crisis support for Veterans and their loved ones
- You do not need to be enrolled in VA benefits or VA healthcare to call

