Veterans Benefits Resources

Which services are covered by the Veterans Benefits Administration (VBA)?

- Disability Compensation, Pension, Fiduciary, Education, Veteran Readiness and Employment (VR&E), Home Loans, Insurance, Administrative Review, Military-to-Civilian Transition Programs

How can a Veteran apply for a disability rating (service-connected benefits) and who can help?

- A disability rating could be between 0%–100%. A disability rating may give you access to certain VA benefits, such as compensation and ongoing health care.

- Who can help file a claim?

    - Work with an accredited **Veterans Service Organization (VSO)** free of charge

- What do accredited representatives and VSOs work on?
    - They work on behalf of Veterans and service members—as well as their dependents and survivors. They can help you understand and apply for benefits, like:

        - Disability compensation, Education, Veteran Readiness and Employment (VR&E), Home loans, Life insurance, Pension, Health care, Burial benefits

- Help Veterans gather supporting documents (like a doctor's report or medical test results)

- File a claim or request a decision review on behalf of the Veteran

- Provide added support, like helping with transportation to medical appointments or emergency funds

- Vet Centers can also provide VA benefits explanation and referral

    - Vet Centers are community based to be more accessible in areas where you live. Locate a Vet Center near you or call 1-877-927-8387

- How to file a claim:

    - Apply online using How To File A VA Disability Claim | Veterans Affairs

    - Write to the Pension Management Center (PMC). You can find more information at How To Apply For A VA Pension As A Veteran | Veterans Affairs or call 800-MyVA411 at 800-698-2411 and talk to a VA staff member.

    - Complete a claim form in-person at a VA Regional Office

        - Where is my nearest VA Regional Office?
            - Find VA Locations | Veterans Affairs

- Filing a claim post discharge:

    - Visit [VA Fully Developed Claims Program | Veterans Affairs](#)

What types of benefits are available for aging Veterans and their families?

- Veterans Pension, Aid and Attendance, Housebound Benefits, Caregiver support

- For information, please visit [Eligibility For Veterans Pension | Veterans Affairs (va.gov)](#)

- Visit [VA Aid And Attendance Benefits And Housebound Allowance | Veterans Affairs](#) or call 800-MyVA411 at 800-98-2411

- Caregiver Support Line can be reached at 855-260-3274 or [VA Caregiver Support Program Home](#)

Helpful VA telephone numbers and guides to VA benefits and services

Health benefits hotline	877-222-VETS (8387)
My HealtheVet help desk	877-327-0022
eBenefits technical support	800-983-0937
MyVA411 main information line	800-698-2411
VA Welcome Kit • VA Welcome Kit can help guide you to benefits and services	[Print Out Your VA Welcome Kit	Veterans Affairs](#)
Guides to VA Benefits and Services:	
Apply for VA healthcare	[Apply for VA Healthcare PDF](#)
Get started with VA Pension and Fiduciary Benefits	[VA Pension and Fiduciary Benefits PDF](#)
Get started with Food and Nutrition Services	[Getting Started with Food and Nutrition Services PDF](#)
Getting Started with Services for LGBTQ+ Veterans	[Getting Started with Services for LGBTQ+ Veterans PDF](#)
What is the PACT Act and how can I apply?	[The PACT Act And Your VA Benefits	Veterans Affairs](#)
Getting Started with Vet Center Services	[Getting Started with Vet Center Services PDF](#)
Career and employment assistance for Veterans	[Careers And Employment	Veterans Affairs (va.gov)](#)

How can a Veteran apply for a discharge upgrade or correction and who can help?

Answer specific questions and receive step-by-step instructions on how to apply for a discharge upgrade or a correction using the appropriate DoD forms here:

    - [How To Apply For A Discharge Upgrade | Veterans Affairs (va.gov)](#)
- Who can help with applying for a discharge upgrade or correction?
    - An [accredited **Veterans Service Organization (VSO)**](#) can help free of charge
- Once forms are completed, they are sent to the Department of Defense (DoD) for upgrade consideration