Mental Health Provider Visit



Visit to Mental Health Provider

. Who do I call when I need a me	·
Name / Role:	
Pharmacy Phone #:	Pharmacy Hours:
. Who do I call when I have an u effects)?	irgent mental health concern or need (i.e., medication side
Name / Role:	Telephone #:
B. Who do I call to change, confir	m, or schedule a mental health appointment?
	you (psychiatrist, therapist, mental health professional)?
I. How often should I meet with	you (psychiatrist, therapist, mental health professional)?
I. How often should I meet with	you (psychiatrist, therapist, mental health professional)? Its of Contact in Mental Health
How often should I meet with Key Poin	you (psychiatrist, therapist, mental health professional)? ats of Contact in Mental Health acts
Key Poin Mental Health Clinic Key Conta	you (psychiatrist, therapist, mental health professional)? Its of Contact in Mental Health acts Role / Title:
Key Poin Mental Health Clinic Key Conta	you (psychiatrist, therapist, mental health professional)? Its of Contact in Mental Health acts Role / Title: Other info:

Veterans Crisis Line



- 24/7 confidential crisis support for Veterans and their loved ones
- **DIAL 988** then **PRESS** You do not need to be enrolled in VA benefits or VA healthcare to call

Register for MyHealtheVet

- 1. Go to <u>www.myhealthevet.va.gov</u>



2. Select the green REGISTER button	/ My healthevet
Account Information:	
• User ID:	
(Unique and contains no spaces; it must be 6-12 c	haracters)
Password:	
(Unique, contains no spaces; must be 8-12 charact	ters and have at least one letter and one
number and one special character (such as !, #, %)	
Notes	

Notes		